### ORCAS ISLAND ROWING - SPRING 2019 SCHEDULE

Please visit our website orcasislandrowing.org for current calendar

JANUARY 1st - FUND-RAISER - Polar Bear Plunge @ 11 AM (Don't be late or you will miss it!)

JANUARY 26th - First day of Pre-Season Training

FEBRUARY 8th - Parent/Athlete Meeting @ Orcas Fire Hall (5:15-6:30 PM)

FEBRUARY 25th - Official First Day of Spring Crew Attendance

MARCH 9TH - Boat House Clean-up!! (Parents & Athletes)

MARCH 23rd & 24th - Duel Meet/IMIRF with Lake Stevens @ Home (overnight at ELC!!!)

MARCH 30th - Duel Meet with Duwamish Roiwing Club @ Home (we will be housing them)

APRIL 13th-14th - Covered Bridge Regatta at Dexter Lake, OR (Leave Friday on AM Ferry)

APRIL 27th - Spring Sprints @ Lake Stevens (Leave on Friday afternoon)

MAY 10th-11th - 24-Hour Row @ Island Market (noon-noon)

MAY 17th, 18th, 19th - NW Youth Championship Regatta in Vancouver, WA (Leave Thursday on AM Ferry)

JUNE 1st - Year-End Party Potluck @ Boat House (11 AM - 1 PM)

Updated 12/26/18

### **JANUARY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>11 AM</b> 1	2	3	4	5
		POLAR BEAR				
		PLUNGE @ ELC				
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	MLK DAY 21	22	23	24	25	26
					End of 1st Semester	Pre-Season Training
						7:30-9:30 AM
27	28	29	30	31		
	Land Workout		On the Water			
	6-7:30 AM		3:30-5:30 PM			

#### **FEBRUARY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Land Workout	2 Pre-Season Training
					6-7:30 AM	7:30-9:30 AM
3	4	5	6	7	8	9
	Land Workout		On the Water		Land 6-7:30 AM	Pre-Season Training
	6-7:30 AM		3:30-5:30 PM		5:15-6:30 Parent Mtg	7:30-9:30 AM
10	11	12	13	14	15	16
	Land Workout		On the Water		Land Workout	Pre-Season Training
	6-7:30 AM		3:30-5:30 PM		6-7:30 AM	7:30-9:30 AM
17	18	19	20	21	22	23
	M I D	- W I N	T E R	B R E	A K	
	On the Water		On the Water		On the Water	On the Water
	7:30-9:30 AM		7:30-9:30 AM		7:30-9:30 AM	7:30-9:30 AM
24	25	26	27	28		
	First Day of Crew					
	6-7:30 AM	6-7:30 AM	3:30-5:30 PM	NO CREW		

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## **MARCH**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					6-7:30 AM	7:30-9:30 AM
3	4	5	6	7	8	9
						BOAT HOUSE
						CLEAN-UP for ALL
	6-7:30 AM	6-7:30 AM	3:30-5:30 PM	NO CREW	6-7:30 AM	8 - 10 AM
10	11	12	13	14	15	16
Daylight Savings						
, -	6-7:30 AM	6-7:30 AM	3:30-5:30 PM	NO CREW	6-7:30 AM	7:30-9:30 AM
17	18	19	20	21	22	RACE DAY 23
						Duel Meet
	6-7:30 AM	6-7:30 AM	3:30-5:30 PM	NO CREW	6-7:30 AM	w/ LSRC @ Home
RACE DAY 24	25	26	27	28	29	RACE DAY 30
IMIRF						Duel Meet
at Camp Orkila	NO CREW	6-7:30 AM	3:30-5:30 PM	NO CREW	6-7:30 AM	w/ Duwamish @ Home
31						

## **APRIL**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	NO CREW	6-7:30 AM	3:30-5:30 PM	NO CREW	6-7:30 AM	7:30-9:30 AM
7	8	9	10	11	12	RACE DAY 13
					LEAVE on AM Ferry	Covered Bridge
				Practice 6-7:30		Regatta
	6-7:30 AM	6-7:30 AM	3:30-5:30 PM	Load Trailer		at Dexter Lake, OR
RACE DAY 14	15	16	17	18	19	20
Covered Bridge						
Regatta						
at Dexter Lake, OR	NO CREW	6-7:30 AM	3:30-5:30 PM	NO CREW	6-7:30 AM	7:30-9:30 AM
21	22	23	24	25	26	RACE DAY 27
Easter	S P	R I N	G B	R E	A K	Spring Sprints
					7:30-9:30 AM	Regatta
	7:30-9:30 AM	NO CREW	7:30-9:30 AM	NO CREW	Load Trailer/PM Ferry	at Lake Stevens, WA
28	29	30				
	6-7:30 AM	6-7:30 AM				

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### **MAY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			3:30-5:30 PM	NO CREW	6-7:30 AM	7:30-9:30 AM
5	6	7	8	9	10	11
FUN-Raising					24-HOUI	R ROW
Dinner					Noon to Noon @	Island Market
at Ship Bay	NO CREW	6-7:30 AM	3:30-5:30 PM	6-7:30 AM		
12	13	14	15	16	RACE DAY 17	RACE DAY 18
Mother's Day					NW Youth	NW Youth
			3:30-5:30 PM	NO CREW	Championships	Championships
	6-7:30 AM	6-7:30 AM	Load Trailer	Leave AM Ferry	Vancouver, WA	Vancouver, WA
RACE DAY 19	20	21	22	23	24	25
NW Youth						
Championships						
Vancouver, WA						
26	27	28	29	30	31	
	Memorial Day					
	,					

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						PARTY 1
						Year-End Potluck Party 11AM - 1PM at the Boat House
2	3	4	5	6	7	8
				<b>USROWING YO</b>	UTH NATIONAL C	HAMIPONSHIPS
					Sarasota, FL <i>Qualifying Event</i>	
9	10	11	12	13	14	15